

Diet has always been a source of great trouble here as the food is so different from that of most countries and trying to please them all as well as giving the nourishing well balanced meals really was a problem. many would sulk and do without rather than change their habits.

I have had to understand the viewpoint and language of every nationality and respect it and at the same time abide by rules. and with patience try to make foreigners understand that we are doing our best at all times for them.

We have had so many births of all nationalities that I have learned their peculiarities of bandaging and many even carried the babies on their backs.

*The remarkable feats the resources that nature has supplied us with.*